

No. HPSES-SPO-SSe-Youth & Eco Club  
Office of the State Project Director (SS)  
Shimla, Himachal Pradesh.

759

From

State Project Director (Samara Shiksha)  
Himachal Pradesh, Shimla-171001

6/6/23

To

The District Project Officers (SS)  
All Districts of Himachal Pradesh.

Dated Shimla June, 2023

**Subject: Guidelines for utilizing the funds transfer under Youth and Eco-Clubs (Elementary and Secondary)**

Sir/Madam,

This is in reference to the subject as cited above, it is informed that funds for the above said programme have been transferred to the districts on May, 2023. Under this programme, Youth and Eco Clubs will be established in all the Govt. Schools.

Youth clubs in schools serve as a valuable platform for fostering life skills, enhancing self-esteem, building self-confidence, and promoting resilience. They play a significant role in mitigating negative emotions such as stress, shame, and fear. These clubs provide a supportive environment where students can engage in various activities and experience that contribute to their personal growth and overall well-being. Participation in youth clubs, will provide students with the opportunity to develop essential life skills, nurture their self-esteem, and cultivate the ability to overcome challenges and setbacks.

#### **Suggestive activities**

- Promote Activity Based learning for improving scientific temperaments among students.
  - Hands-on experiments: Encourage students to engage in hands-on experiments to explore scientific concepts. Provide Students with materials, resources, and guidance to conduct experiments, make observations, and draw conclusions.
  - Science fairs and exhibitions: Organize science fairs or exhibitions where students can showcase their scientific projects, models, or research.
- Team-building exercise: Engage the members in interactive activities that promote teamwork, cooperation, and communication skills.

- Organize workshops on various topics of interest, such as leadership development, public speaking, financial literacy, or career guidance. Invite guest speakers from different fields to share their experience and expertise.
- Debates and discussions: Encourage members to engage in debates and discussions on relevant and thought-provoking topics. This activity helps develop critical thinking, communication skills, and the ability to express and defend opinions.
- Creative arts and crafts: Conduct art workshop, painting sessions, or craft activities to stimulate creativity and self-expression through DIY projects.
- Community service projects: Initiate projects that allow members to give back to their community, such as volunteering at local charities, organizing fundraisers for a cause, or participating in environmental conservation activities.
- Cultural and talent showcase: Organize events where students can showcase their talents, such as music performances, dance shows, poetry readings, or drama productions. This encourages self-expression and boosts self-confidence.
- Personal development workshops: Conduct workshop on personal growth topics, such as time management, goal setting, stress management, or mindfulness techniques. These sessions help members develop essential life skills.
- Book clubs and library activities: Initiate a book club, where members can read and discuss books of common interest. This promotes reading habits, critical thinking, and communication skills.
- Health and wellness activities: Arrange sessions on fitness, nutrition, mental health, or yoga and meditation. These activities promote overall well-being and teach members about healthy lifestyle choice.
- Promote skills related to conserving the environment; the following activity-based learning activities can be implemented.
  - Waste audit: Conduct a waste audit within the school or local community. Students can collect and analyze different types of waste, categorize them, and propose strategies for reducing, reusing, and recycling waste. This activity promotes awareness about waste management and the importance of reducing waste generation.
  - Environmental surveys: Assign students to conduct surveys related to environmental issues. For example, they can survey community members about their awareness of environmental conservation, assess the quality of local water bodies, or measure air pollution levels. This activity helps develop surveying skills and understanding of environmental issues.
  - Water conservation campaigns: Organize campaigns or competitions focused on water conservation. Students can design posters, create awareness videos, or initiate water-saving initiatives within the school and community. This activity promotes understanding of water conservation techniques, and the importance of responsible water usage.

- Citizen science projects: Engage students in citizen science initiatives related to environmental conservation. They can participate in data collection and analysis for projects such as monitoring bird populations, tracking climate change impacts, or documenting local biodiversity. This activity fosters scientific skills, data analysis, and a sense of responsibility towards environmental stewardship.
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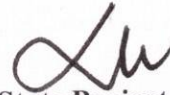
Yours faithfully,



**State Project Director (SS)**  
**Himachal Pradesh**

Copy to:

1. The Director of Higher Education for information please.
2. The Director of Elementary Education for information please.



**State Project Director (SS)**  
**Himachal Pradesh**